

to be up to

What **are** those kids **up to** ?
It's too quiet.

1

to be down

The news is bad so Kate
is a bit **down** today.

2

to be down with

My mum **is down**
with a bad cold.

3

to be off

Tom isn't in his office.
He **is off** today .

4

to break down

Their car has **broken down**.

5

to break into

Some one **broke into**
our house last night.

6

to feel like doing
sth usually wrong

1

kombinować

to be sad,
depressed

2

mieć doła

to be ill

3

być chorym

to be absent

4

mieć wolne

stop working

5

popsuć się

enter by force

6

włamać się

to break out

The World War II
broke out in 1939.

7

war, fire begin suddenly

wybuchać

7

to break up

She's just **broken up**
with her boy friend.

8

separate, split up

rozchodzić się

8

to bring about

Social media has **brought about**
big changes in how
teenagers interact.

9

to cause sth to happen

powodować

9

to bring along

Can I **bring along** a friend
to the party?

10

to take sb or sth with you
when you go somewhere

przyprowadzić, przynieść

10

to bring back

My new shoes **occured** to
be too small so I **brought**
them **back** to the shop.

11

to return sth

oddawać

11

to bring back

This photo **brings back**
memories of our last
holidays in Lisbon.

12

to think about memories,
feelings from the past

przywoływać

12

to bring out

The band is going to **bring out** a new album at the end of this year.

13

to bring round

After lying unconscious for several minutes, the doctor finally **brought** him **round**.

14

to bring up

Her grandparents **brought** her **up** after her parents died.

15

to bring in

John **brings in** about £600 a week.

16

come on

COME ON - WE'RE GOING TO BE LATE IF YOU DON'T HURRY!

17

to come down with

I THINK I'M **COMING DOWN WITH** FLU.

18

to publish,
put on market

wydawać

13

to make someone conscious
again after being unconscious

ocucić

14

to raise a child

wychowywać

15

to earn, to create profit

zarabiać

16

encourage someone
to do something,
to hurry or try harder

no dalej / daj spokój

17

to start to suffer from
an illness, especially
one that is not serious

zachorować

18

to come into

SHE **CAME INTO** A BIT OF MONEY WHEN HER GRANDFATHER DIED.

19

to receive money, property, or a title as a result of the death of a relative

dziedziczyć

19

come out

DAFFODILS **COME OUT** IN SPRING.

20

when flowers come out, they open

rozkwitać

20

to cut across

If we **cut across** the stream, it'll save time.

21

to go straight from one side of an area to another instead of going around

iść skrótem

21

to cut down on

I'm trying to **cut down on** junk food I eat.

22

to eat or drink less of a particular thing, usually in order to improve your health

ograniczyć

22

to cut in

I WAS JUST TALKING TO KATE, WHEN CHRIS **CUT IN**.

23

to interrupt what someone is saying by saying something yourself

wtrącać się

23

to cut off

If this bill is not paid within five days, your gas supply will be **cut off**.

24

to stop providing something, such as electricity, supplies, etc.

odciąć (tu:gaz)

24

to do with out

There's no sugar, so you'll have to **do without**.

25

to manage without having something

obywać się bez czegoś

25

to do up

She always **does** her presents **up** beautifully in gold and silver paper.

26

to wrap something in paper

owijać coś w papier

26

to do away with

The United Kingdom **did away with** the death penalty in 1965.

27

to abolish, get rid of

pozbywać się

27

to do with

I could **do with** a cold beer about now.

28

to wish for or ask for (usually after can or could)

życzyć sobie czegoś

28

to fall for

MIKE HAS **FALLEN FOR** HEATHER.

29

to be attracted to someone and start to love that person

zakochać się

29

to fall out

He left home after **falling out** with his parents.

30

to argue with someone and stop being friendly with them

pokłócić się

30

to fall apart

The orange has **fallen apart**.

31

to bring round

If we **fall behind** schedule we may lose the contract.

32

to feel up to

I don't **feel up to** going out tonight.

33

to figure out

I couldn't **figure out** what the teacher was talking about.

34

to fill out

It back against their critics. It took me several hours to **fill out** the application form.

35

to find out

The holiday was a complete surprise - I only **found out** about it the day before we left.

36

31

to break into pieces
rozpaść się na kawałki

32

to not finish work at the time you planned or promised to finish it.

mieć opóźnienie

33

to have the energy to do something

mieć ochotę coś zrobić

34

to understand or solve something

zrozumieć / rozgryźć

35

to write or type information in spaces that a reprovided for it

uzupełnić

36

to get information about something because you want to know more about it, or to learn a factor piece of information for the first time

dowiedzieć się

to freak out

Here in Texas they **freak out** when there's snow on the ground.

37

to follow sth up

The idea sounded interesting and I decided to **follow it up**.

38

to be fed up with

I'm **fed up with** my job.

39

to face up

She's going to have to **face up** to the fact that he's not going to marry her.

40

to get along

They really seem to **get along**

41

to get away

She thought she could **get away** with cheating on her taxes.

42

to be very excited or emotional, or to cause someone be this way

świrować

37

to find out more about something, or take more action connected with it

sprawdzać

38

bored, annoyed, or disappointed, especially by something that you have experienced for too long

mieć dosyć

39

to accept that a difficult situation exists

stawiać czoła

40

If two or more people get along, they like each other and are friendly to each other

dogadywać się

41

to escape blame or punishment when you do something wrong, or to avoid harm or criticism for something you did

ujść na sucho

42

43

to get away

We've decided to go to hiking in the mountains to **get away** from it all.

43

to go somewhere to have a holiday, often because you need to rest

wyjechać

44

to get on well

She doesn't **get on well** with her colleague.

44

to have a good relationship or deal successfully with a situation

być w dobrych stosunkach

45

to get out

Get out immediately!

45

to leave a place

wychodzić

46

to get down

The political situation at the moment is really **getting me down**.

46

to make someone feel depressed or unhappy

dołować

47

to get by

Some poor families manage to **get by** on just £10 a day.

47

to manage something with difficulty, to make ends meet

przetrwać

48

to get rid of

Let's **get rid of** all this mess before mum comes home.

48

to eliminate or throw something away

pozbyć się

to give away

The party was meant to be a surprise, but Caroline **gave it away**.

49

to let someone know a secret, often without intending to

zdradzić sekret

49

to give off

The fire was **giving off** a lot of smoke.

50

to produce heat, light, a smell, or a gas

wydzielać

50

to give in

After seeing their sad faces, their father finally **gave in** and allowed them to go to the park with their friends.

51

to finally do something that you initially didn't want to do

poddać się

51

to get down

The political situation at the moment is really **getting me down**.

52

to make someone feel depressed or unhappy

dołować

52

to give up

I **gave up** smoking two years ago.

53

to stop doing something or stop having a habit

rzucić (tu palenie)

53

to go away

He **goes away** on business a lot.

54

to leave your home in order to spend time somewhere else, usually for a holiday

wyjeżdżać

54

to go for

I don't **go for** action movies.

55

to go off

This salmon smells a bit strange - do you think it's **gone off**?

56

to go on

We really can't **go on** living like this - we'll have to find a bigger house.

57

to hold on

Hold on, I'll check in my diary.

58

to hold over

The meeting has been **held over** till Friday.

59

to hold back

It was really hard to **hold back** the tears.

60

to like or admire something

lubić

55

If food or drink goes off, it is not good to eat or drink any more because it is too old

psuć się

56

to continue

kontynuować

57

used to tell someone to wait for a short time

poczekać

58

to delay something

przełożyć

59

to not show emotion

powstrzymać się

60

to hold on

She is **holding on** her baby

61

to hold something or
someone firmly with your
hands or arms

trzymać

61

to hand out

Would you please **hand out**
the balloons to the children?

62

to give something to each of a
number of people

rozdąć

62

to hang around

Don't **hang around** with them!

63

to spend time with
someone

przebywać razem

63

to hang up

Let me speak to Melanie before
you **hang up**.

64

to end a phone conversation

rozłączyć się

64

to keep down

Women cannot **keep** their
voices **down** now.

65

to make sound, music
and noise minimal.

ściszać

65

to keep on

I believe that if we **keep on**
shouting, somebody will
hear us.

66

to continue to do something, or
to do something again and again

kontynuować

66

to keep to

We should **keep to** the original plan.

67

to do what you have promised or planned to do

trzymać się planu

67

to keep up with

I read the news to **keep up with** what's happening in the outside world.

68

to be able to understand or deal with something that is happening or changing fast

nadążać

68

to let in

Could you go down and **let** Darren **in**?

69

to allow someone to enter a room or building, often by opening the door

wpuścić

69

to let off

After I explained to the police officer the reason I ran the stoplight, he decided to **let me off** with just a warning.

70

to not punish someone who has done something wrong, or to not punish them severely

darować komuś karę

70

to let out

She wanted to get some fresh air so I **let** her **out**.

71

to allow to get out

wypuścić na zewnątrz

71

to let down

Don't **let** me **down** and learn the phrasal verbs with 'let'!

72

to disappoint someone by not doing what you agreed to do

zawieść

72

to look out

Look out! It's getting really slippery.

73

to look after

We look after the neighbours' plants while they're away.

74

to look for

Could you go down and let Darren in?

75

to look forward to

I'm looking forward to my vacation.

76

to make up

Have you made up with Kate yet?

77

to make up

You have to stop making up stories about people.

78

said or shouted in order to tell someone that they are in danger

uwagać na coś

73

to take care of or be in charge of someone or something

opiekować się

74

to search for someone or something

szukać

75

to feel pleasure because an event or activity is going to happen

czekać z niecierpliwością

76

to become friendly with someone again after you have argued with them

pogodzić się

77

to say or write something that is not true

wymyślać

78

to make off

Somebody broke into the shop and **made off** with several books.

79

to make out

If I could just **make out** what they were saying.

80

to pass on

Have you **passed on** the message I sent you?

81

to pass by

I was **passing by** when the bride arrived at the church

82

to pass away

She's terribly upset because her father **passed away** last week.

83

to pay off

It always **pays off**!

84

to steal something

kraść

79

to be able to see, hear, or understand something or someone

wiedzieć, słyszeć, rozumieć

80

to tell someone something that another person has told you

przekazać

81

If you pass by something, you go past it or near it on your way to another place

przechodzić obok

82

to die

umierać

83

to result in success

opłacać się

84

to pick up

Will you **pick** the children **up** from school?

85

to go somewhere to collect someone

odebrać kogoś

85

to put off

She wanted to be a nurse but the thought of night shifts **put** her **off**.

86

to cause someone to lose interest or enthusiasm

zniechęcać

86

to put down

He's **putting** a few thoughts **down** on paper.

87

to record something in writing

notować

87

to put off

Don't **put** it **off**! Start learning English now :-)

88

to postpone

odkładać

88

to run after

Why do dogs **run after** cats?

89

to chase someone or something that is moving away from you

gonić

89

to run away

They are planning to **run away** together to get married.

90

to leave a place or person secretly and suddenly

uciec

90

to run out of

I've **run out of** toilet paper.

91

to run through

Let's just **run through** the phrasal verbs one more time.

92

to stand by

Cabin crew, please **stand by** for take-off.

93

to stand for

She explained that DIN **stands for** "do it now."

94

to screw up

You couldn't **screw up** much worse than I did.

95

to stick to

They are planning to **run away** together to get married.

96

to finish, use, or sell all of something, so that there is none left

skończyć się

91

to practise something so that it is correct for a performance or test

przećwiczyć/przejrzeć

92

to be waiting and ready to do something or to help

czekać w gotowości

93

to represent something

oznaczać coś

94

to do very badly or fail at something

zawalić coś

95

to continue with a subject, activity, or plan without changing

trzymać się planu, tematu

96

to set off

What time are you **setting off** tomorrow morning?

97

to set up

The group plans to **set up** an import business.

98

to show off

He's always **showing off** to his classmates.

99

to show up

I invited him for eight o'clock, but he didn't **show up** until 9.30.

100

to take in

Do you think the teacher was **taken in** by your excuse?

101

to take after

He **takes after** his mother's side of the family.

102

to start a journey

wyruszać

97

to start something such as a business, organization, or institution

otwierać biznes

98

to attract attention or admiration, and often make other people annoyed

popisywać się

99

to arrive somewhere in order to join a group of people, especially late or unexpectedly

zjawić się

100

to deceive or trick someone

nabierać

101

to be similar to an older member of your family in appearance or character

być podobnym

102

to take on

We're not **taking on** any new staff at the moment.

103

to take off

The plane **took off** at 8.30 a.m.

104

to tell off

Rob **told off** his boss, then quit

105

to throw up

He **threw up** all over his shoes.

106

to throw away

When are you going to **throw away** those old magazines?

107

to try out

John hopes to **try out** his new running shoes this weekend.

108

103

to start to employ someone

zatrudniać

104

If an aircraft, bird, or insect takes off, it leaves the ground and begins to fly

startować

105

to criticize someone angrily

wygarnąć komuś

106

to vomit

wymiotować

107

to get rid of something by treating it as garbage

wyrzucać

108

to test someone or something to see what they are like or whether they are suitable or effective

wypróbować

to turn down

How could you **turn down** such a fantastic job?

109

to not accept an offer or request

odrzucać

109

to turn up

Do you think many people will **turn up**?

110

to arrive or appear somewhere, usually unexpectedly or in away that was not planned

pojawiać się

110

to turn to

You can always **turn to** me for help if you need it.

111

to get help from someone

zwrócić się

111

to turn into

Rain in the morning will **turn into** snow during the afternoon.

112

to change or develop from one thing to another

zmieniać się

112

to work out

Make sure you drink plenty of water if you are **working out**.

113

to exercise in order to improve the strength or appearance of your body

ćwiczyć

113

to warm up

If you don't **warm up** before exercising, you risk injuring yourself.

114

to prepare yourself for a physical activity by doing some gentle exercises and stretches

rozgrzewać się

114

to wipe down

John is **wiping down** his phone.

115

115

to clean a surface thoroughly
with a cloth

wycierać